

AfroStyle Grilled Chicken

Ingredients:

- Chicken Breast
- Garlic
- Ginger
- Chicken bouillon powder
- White pepper
- Bell peppers
- Onions

Instructions:

1. Slice up 2 defrosted chicken breast
2. Marinate with oil of choice and some chicken bouillon powder, garlic powder, ginger powder and white pepper
3. Slice bell pepper (green, red and yellow) and some onions
4. On a grill or pan, place chicken, brown for about three minutes
5. Add peppers and onions, sautéed together until chicken is cooked (10 to 15 minutes)
6. Turn stove off and take off the heat