

Swedish Meatballs, Deconstructed

1 lb of ground beef

1 can of Cream of Mushroom Soup

1 yellow onion, chopped

2 tbs of unsalted butter

4 cloves of minced garlic

2 cups of sliced fresh mushrooms

4 tbs of sour cream

2 tbs of chopped chives

Salt and Pepper to taste

10 oz of egg noodles

Process

1. Cook noodles to directions on package
2. Sauté onions in butter until translucent about 5 minutes and set aside
3. Add ground beef and brown
4. Add onions, soup, garlic and sliced mushrooms and mix it all together
5. Simmer on low for 8-10 minutes, or until mushrooms are soft
6. Add Sour Cream right before serving
7. Pour over cooked noodles