# **Bubble Solution**

# <u>Ingredients:</u>

5 Cups of Water

2 Cups Dish Soap (Dawn or Joy)

3/4 Cups Corn Syrup

Large Jar or Container

## **Instructions:**

- 1. Pour 5 cups of water into a jar.
- 2. Mix in ¾ cups of corn syrup. Stir well until they are combined
- 3. Add 2 cups of dish soap and mix well again.
  - (Do not shake or else you'll end up with foamy

bubbles)







# Benefits of Playing with Bubbles

#### 1. Oral Motor Skills

 Develops muscles in your mouth as you blow bubbles which will lead to forming clear sounds when speaking and swallowing safely while eating.

#### 2. Gross Motor Skills

Reaching to pop bubbles builds hand-eye coordination.
When children follow the bubbles by walking, running, or crawling this practices their moving skills.

### 3. Eye Tracking Skills

 Younger children like infants and toddlers learn to follow the bubbles with their eyes.

### 4. Cognitive Development

 When children touch a bubble and it pops it gives the child a chance to explore cognitive concepts such as cause and effect.

Research provided by the <u>Illinois Early Intervention Clearinghouse</u>